

# BIOIDENTICAL HORMONE PELLET THERAPY

The “gold standard” of hormone replacement therapy



METABOLIC  
CENTER *for*  
WELLNESS

Reverse Endocrine Diseases • Manage Chronic Conditions • Enhance Wellness & Longevity

The body’s hormones can change as we age and experience certain medical conditions. In fact, most people don’t even realize they are experiencing a hormone imbalance.



Now these imbalances can be treated quickly and easily with bioidentical hormone pellet therapy (BHPT). Customized to meet your specific needs, a prescribed number of pellets the size of rice grains are placed just under the skin near the hip. They continuously release small amounts of hormones directly into the bloodstream for several months.

BHPT can be used to treat conditions like:

- **Menopause** – BHPT often lessens or eliminates symptoms of menopause like hot flashes, night sweats, vaginal dryness, sleep problems, fatigue, mid-section weight gain, loss of muscle mass, foggy thinking and mood changes.
- **Mood Disorders** – Hormonal changes during menopause in women and andropause in men can lead to mood swings, anxiety disorders and depression. BHPT can treat those, as well as the physical symptoms like rapid heart rate, shortness of breath, nausea, numbness, lightheadedness, shakiness and high blood pressure. (*more* ▶)

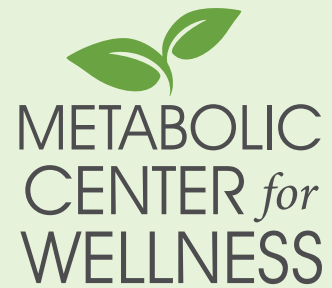
## IN SUMMARY...

- Most people don’t realize they’re experiencing hormone imbalances as they age.
- Hormone imbalances can be treated quickly and easily with bioidentical hormone pellet therapy (BHPT).
- BHPT has the same molecular structure as natural human hormones and are customized to meet an individual’s specific needs.
- Pellets the size of rice grains are placed under the skin near the hip.
- The BHPT procedure is performed in the office and doesn’t require any recovery time.
- The therapy is used for a number of conditions ranging from menopause to sexual dysfunction.
- BHPT is considered the “gold standard” in hormonal therapy treatment.

- **Low Testosterone** – Common as we age, BHPT can lessen or eliminate low testosterone that causes men and women to experience low libido, sexual problems, hair loss, fatigue, loss of muscle and bone mass, fat gain, mood issues and memory problems.
- **Loss of Bone Density** – Most often occurring during the first decade following menopause, BHPT can significantly improve postmenopausal osteoporosis, responsible for bones becoming brittle, fragile and easy to fracture.
- **Sexual Dysfunction** – BHPT often helps with vaginal dryness in women, sexual dysfunction in men and decreased libido in both sexes.
- **Muscle Strength & Loss** – As hormone levels decrease, BHPT can prevent the loss of muscle mass and strength.

Considered the “gold standard” in hormonal therapy treatment, these pellets have the same molecular structure as natural human hormones and work exactly the same way. Developed by a trusted compounded pharmacy, they have proven safe and effective in clinical studies.

If you’re wondering whether bioidentical hormone pellet therapy is right for you, call our office to schedule an appointment at your convenience



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### VISIT US ONLINE

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## ABOUT US

The **Metabolic Center for Wellness** is a unique medical practice established to reverse endocrine diseases, manage chronic conditions, and enhance wellness and longevity. Led by Dr. Angela Mazza, the practice takes an individualized, holistic approach to healthcare based on the latest medical findings. Whenever possible, she seeks to reduce medication dependency and improve quality of life through diet, exercise and supplement modifications. For the convenience of her patients, Dr. Mazza is one of a few Central Florida endocrinologists who offers key medical procedures and wellness therapies in the office. The practice has a strong focus on education—empowering patients to participate in their own healthcare decisions.

### Key areas of focus include:

- Radiofrequency Ablation of Thyroid Nodules
- Thyroid Disease
- Hormonal Imbalance
- Bioidentical Hormone Pellet Therapy
- IV Therapy and Injections
- Nutraceuticals
- Medical Cannabis



**Angela Mazza, DO, FAAMFM, ECNU, CDE**, is triple-board certified in endocrinology, internal medicine, and anti-aging and regenerative medicine. She has served as a principal investigator for large-scale diabetes therapy and device trials; has presented at international medical conferences; was among the first physicians selected for the UCF College of Medicine; and serves as a formulation advisor to Douglas Laboratories.